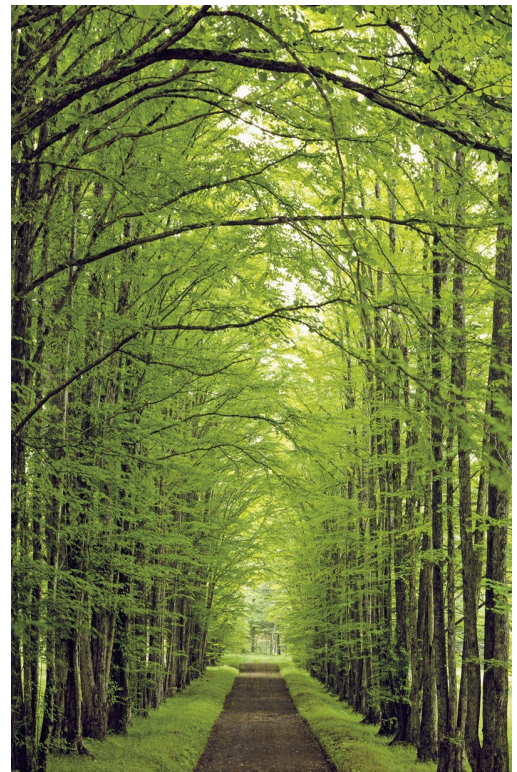


Daily Prayer Calendar

*Prayer on behalf of others is an essential spiritual discipline, but so is prayer for the self. Below is a list of prompts intended to focus the pray-er on seeking God's help with becoming more fully the person God created her/him to be. One use for this calendar would be to incorporate a new prompt into prayer each day of the month, but feel free to be creative. **“Holy One, help me to...”***

1. Ask more often than I tell
2. Discern the way forward in matters big and small
3. Broaden my thinking about options and partners in ministry
4. Utilize my God-given talents and the perks of my personality type
5. Say what needs to be said and resist the temptation to speak what should remain unspoken
6. Take time to play
7. Use my resources in ways that are welcome and helpful on behalf of those with fewer resources
8. Believe that I am loved and called by God
9. Recognize and process anxiety without visiting it on others
10. Tend to the needs of my body, mind, and soul
11. Participate positively in my community
12. Hope with abandon
13. Prioritize relationships over to dos
14. Dance in each moment
15. Look for the opportunity in change
16. Strive toward the humility and the strength of Christ
17. Dig deep to find untapped courage
18. Understand my privilege and the ways it affects others
19. Grow in wisdom about the important things
20. See the image of God in all people
21. Know when to say no in order to say yes
22. Love in a way that stretches me
23. Acknowledge what I don't know
24. Listen with an open and attentive heart
25. Open myself to be surprised by joy
26. Be an agent of reconciliation without being sucked into triangulation
27. Care well for my corner of God's creation
28. Increase my patience with myself and others
29. Forgive old hurts, thus freeing myself from their power over me
30. Help others discover their strengths
31. Live with integrity



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